Lesson 15 & 17

The Sacraments – Seven Sacred Signs & Lesson
The Sacraments of Initiation: Becoming Christian, Becoming Church



QUESTIONS AND ANSWERS

1. **What is a Sacrament?**

   Answer: Sacrament is an outward sign of an inward grace received. It is a personal encounter with Jesus, which reveals his love for us.

2. **Which are the Seven Sacraments and what do they celebrate?**

   Answer:

   SACRAMENT OF INITIATION

   Baptism: Celebrates Welcome and Rebirth or New Life in Christ.
   Confirmation: Celebrates the Gifts and Growth in the Holy Spirit.
   The Eucharist: Celebrates Jesus saving death and presence in our midst. It leads to unity of believers with the Risen Jesus and with one another.

   SACRAMENT OF HEALING

   Reconciliation: Celebrates God's Mercy and Forgiveness.
   Anointing of the Sick: Celebrates God's healing love and strength.

   SACRAMENT OF SERVICE

   Marriage: Celebrates lifelong Covenant of Love and service in Good & Bad times and leading their children to Christian Faith.
   Holy orders: Celebrates Jesus' Ministry in the Church, to lead and serve his people.

3. **Briefly explain the Sacrament of Baptism?**

   Answer: The Sacrament of Baptism is an entrance into the Catholic Church. Through baptism, we are cleansed of original sin and receive sanctifying grace, the life of God within our souls. This grace prepares us for receiving the other sacraments and helps us to live a holy life.
   Primary symbols: Water, white garment, lighted candle, signing of the cross, anointing with oil.

4. **Briefly explain the Sacrament of Confirmation?**

   Answer: Sacrament of Confirmation is strengthening of new life and completion of baptismal grace. There is Special outpouring of the Holy Spirit by which Catholics witness Christ in every situation. It is a call to be missionaries of Christ.
   Primary symbols: Laying on of hands, Anointing sealing with Chrism.

5. **Briefly explain the Sacrament of Eucharist?**

   Answer: The Sacrament of Eucharist is also known as the 'Holy Communion' or the 'Lord's Supper'. It is the only one of the three Sacrament that we can (and should) receive repeatedly—even daily, if possible. In Holy Communion, Catholics are spiritually fed with the Body and Blood of Christ; which unites us more closely to Him and gives us the grace to love Jesus and our neighbor.
   Primary symbols: Bread, Wine.

6. **What is Grace? Name the 3 Types of Graces**

Answer: The most important quality of a Sacrament is that it gives grace. The word **'GRACE'** is defined from the **Latin word, 'GRATIA', which means something offered without cost or merit.**

- **The 3 types grace are**
  Sanctifying Grace
- Actual Grace
- Sacramental Graces