

3rd Beatitude – “Blessed are the meek, for they will inherit the earth” Matthew: 5:5 (NRSV).

Statement – Blessed are the Meek

Reward – For they will inherit the Earth.

- Meekness means not being aggressive or hostile.
- When a person is provoked and does not become angry, he qualifies as meek.
- The meek person is one who responds with love to the person who provoked him.

If I answer insult with insult, frown with frown, I am only reacting and lowering my behavior to that of a senseless machine.

If I answer insult with blessing, a frown with a smile, I am responding like a human being with dignity and compassion.

Mt 5: 38-42 – Teaching about Revenge

- a) Someone slaps you on the right cheek – let him slap your left cheek too.
- b) Someone takes you to court to sue you for your shirt – let him have your coat as well.
- c) A Roman soldier compels you to carry his pack for one kilometer – carry it two kilometers.
- d) Someone begs from you – give it to him.

Notes:

Q.1 What is the third Beatitude?

A. The third Beatitude is Blessed are the meek, for they will inherit the earth.

Q. 2 What is the significance of the third Beatitude?

A. Third beatitude signifies that to find true happiness and to get our great reward in heaven, we need to be humble and gentle while interacting with people around us and helping them whenever they are in need.

Q.3 Name the persons who lived and showed us how to live this Beatitude?

A. Lord Jesus, St Thérèse of the Child Jesus & St Mother Teresa of Calcutta.

Q.4 What should we do to fulfill this Beatitude to live happy on earth and get our final reward in heaven?

A. We should do small things with great love like helping our friend in school with his/her lessons, listening to them calmly, simple gestures like greeting and smiling at someone, offering a prayer to those who is in need of our prayers, doing household chores with care, helping our parents with the house work, helping the poor and underprivileged people, helping the Church with the talents God has given us for his Greater Glory and undergoing minor sufferings which should be done with patience and generosity and depend on God's Grace to overcome it with His strength for the Love of Jesus.

Q.5 Can we be sure by doing all good deeds on earth, God Almighty will reward us in Heaven?

A. Yes! because it is His Son Christ Jesus who taught us that by obeying His Word, Commandments and Beatitudes and practicing them in our daily life, surely we will be rewarded in Heaven by God Almighty through His Son Christ Jesus.