CHAPTER 6: THE LORDS DAY

What did you learn

THIRD COMMANDMENT

REMEMBER TO KEEP THE LORD'S DAY HOLY

SABBATH

Sabbath is a holy day. It is a day dedicated to God. It is the day God told us to rest. Jews observe the day on Saturday while we Christians observe it on Sunday as a remembrance, honoring and glorifying Jesus Chrit who rose on Sunday. For Christians all Sundays are like Easter.

HOLY DAYS OF OBLIGATION

Jan 1 – Solemnity of Mary the Mother of God

Jan 6 – Epiphany (Mathew 2 : 1 - 12)

Feb 14 – Ash Wednesday

Mar 19 – Feast of St. Joseph

Mar 30 – Good Friday

40 days after Easter – Ascension Thursday

May 31st - Corpus Christi – (1st Thursday after Pentecost.)

June 29 – Feast of Saint Peter and Saint Paul

Aug 15 – The Assumption of Mary

Nov 1 – All Saints Day

Dec 8 – Immaculate Conception

Dec 25 – Christmas

SERVILE WORKS

Servile works refers to physical labor, and activities that hinder the renewal of the soul and body on Lord's day. It is prohibited to do servile works on Sabbath day

Bible verses

Mathew 28:1-7

Psalm 118

Exodus 20:8-10

John 15:5

CHAPTER 7: THE CROSS AND TRUE RICHES

What did you learn

SELF DENIAL

Doing something we would rather not do or refusing some pleasure we would like

PENANCE

Penance can be described as the practice of self-denial in a way pleasing to GOD

ABSTINENCE AND FASTING

Abstinence is the requirement to keep your self away from or to refrain from doing, eating or practicing something on days that are Holy or days during the Penitential season.

Fasting is the requirement to reduce the intake of meals during days mentioned by the church especially during the penitential season.

ADVENT AND LENT

Advent begins four Sundays before Christmas

The season of Lent begins six and half weeks before Easter

RULES OF FAST AND ABSTINENCE

Day and time of penance for the universal church are each Friday of the whole year and the season of the Lent

Abstinence and fasting to be observed on Ash Wednesday and Good Friday, abstinence to be observed on all Fridays during Lent

abstinence to be observed from the 14^{th} year and fasting from 21 years

Bible verses

Mathew 6:16-18

Mathew 19:26

2 Corinthinas 9:7

Luke 22:42

CHAPTER 8: IN THE HEART OF THE FAMILY

What did you learn

FOURTH COMMANDMENT

HONOR YOUR FATHER AND MOTHER

HONOR

Hold in high regard, to respect and to love

POINTS TO LEARN

Child is an extension of the parents love

Child is a precious gift of God

Obedience turns into respect for the wisdom of our parents

Bible verses

Sirach 3:12

Exodus 20:12

CHAPTER 9: CITIZENSHIP RIGHTS AND DUTIES

What did you learn

PATRIOTISM

Patriotism is the virtue of love of one's country. It is note mere flag waving but the dedication to the promotion of the welfare of the whole country and its citizens

DUTIES AS CHRISTIANS

As Christians we have to obey the rules of the state or country but at the same time we should never violate god's law

ST THOMAS MORE

Thomas More was beheaded in the year 1535 by King Henry the Eighth because he kept the Law of God above the King's.

Bible verses

Rom 13:1-2

Acts 5:29

CHAPTER 10: CHURCH AUTHORITY – OUR FATHERS IN FAITH

What did you learn

VICAR OF CHRIST

St Peter was our first pope and he passed down the authority to each of the pope that came after. All the popes, bishops and priests work for the church and they all do the

Bible verses

Mathew 16:19

Luke 10:16

Mt 28:18-20

Mk 14:22-25

Jn 7:37-39

Jn 14:26

Jn 20:22

Jn 1:8

Jn 2:1-11

Lk 22:19

Acts 6:6

Jn 2:4

Jn 20:21-23

Mk 6:13

Jas 5:14

Mt 19:4-6

