

LESSON 5

JESUS THE KIND OF FRIEND - WE CAN ASPIRE TO BE

Q1. Differentiate between healthy and unhealthy friendship?

Healthy friendship

- Appreciation and gratitude
- Communicating openly
- Honesty
- Affectionate and care
- Mutual respect
- Actively listening
- Showing interest in each other
- Being supportive
- Encouraging each other
- Feeling empathy for each other

Unhealthy friendship

- A lack of support
- Blaming
- Competitiveness
- Controlling behaviours
- Disrespect
- Dishonesty
- Gas lighting
- Hostility
- Jealousy
- Poor communication
- Stress

Q2. How can you grow your friendship with God?

1. Make time for personal prayer
2. Respect Him
3. Love Him unwaveringly
4. Attend the Holy Mass
5. Spend time in Holy adoration

Q3. What does Jesus teach about friendship?

Ans. *“Greater love has no one than this that he lay down his life for his friends. You are my friends if you do what I command.”* In other words, friends of Jesus are those who love one another. Those who love one another are those who are willing to lay down their lives for one another.

Q4. What are the benefits of friendship with Jesus?

Ans. Jesus is faithful
Jesus comes to us in our brokenness
Jesus changes our worry into joy
Jesus knows us well and He loves us
Jesus will never let us down

Q5. Examples of good friendship in the Holy Bible

Ans. The story of Mary and Martha, where Mary chose to spend time at Jesus's feet, highlights the importance of prioritizing Jesus and learning from Him as a friend.