

LESSON – 4

WE ARE NOT ALONE - THE IMPORTANCE OF RELATIONSHIPS

Q1 Why God Created us?

Ans. God created us, To know him, to love him and to serve him.

Q2 What is relationship?

Ans. A relationship is **any connection between two or more people.**

Q3 Who is the center of all relationships?

Ans. God is the center of all relationships.

Q4 Why is relationship important?

Ans. - Give us a sense of belonging
- Provides support to our daily living and upbringing
- Provide support to grow in faith
- Builds our confidence and self-esteem
- Helps us to live a healthy, peaceful and holy life here on earth.

Q5 What are the types of relationship?

Ans. Relationships can be healthy relationships or toxic relationships.

Q6. Difference between Toxic and Healthy Relationship?

Ans. A healthy relationship fosters mutual respect, trust, communication, and support, making you feel valued and safe.

While a toxic relationship involves control, manipulation, constant criticism, dishonesty, or abuse, leaving you drained, insecure, or unhappy.