



LESSON – 1

PREPARING FOR CONFIRMATION: INTRODUCING THE PROCESS OF CONFIRMATION

Q1: What is a sacrament?

A sacrament is an outward sign, instituted by Jesus Christ, to give us His Divine Grace.

Q2: Name the Seven Sacraments?

1. The Sacrament of Baptism.
2. The Sacrament of the Holy Eucharist.
3. The Sacrament of Reconciliation.
4. The Sacrament of Confirmation.
5. The Sacrament of Anointing Of The Sick.
6. The Sacrament of Holy Orders.
7. The Sacrament of Matrimony.

Q3: Name the Four phases of the sacrament of Confirmation?

1. Period of Invitation.
2. Period of Formation.
3. Period of Reflection.
4. Period of Mission.

Q4: What is Sacrament of Confirmation? Who administers the Sacrament of Confirmation?

Confirmation is a Sacrament, in which the person who is confirmed receives the gifts of the Holy Spirit through the imposition of hand and anointing with oils. It is a sacrament of initiation which means that it brings you deeper into communion with the Church. The Bishop administers the sacrament of confirmation.

Q5: What is period of Invitation?

Period of Invitation is to help the candidates to understand, who they are and what they currently believe and feel about faith, religion, God and Jesus

Q6: What is Loneliness? What are causes and effects of Loneliness?

Loneliness is the state of being alone and feeling sad about it. You can feel lonely even when you are in a crowd, especially when you are not interacting with others.

There are many causes for loneliness such as addiction to social media and video games, loss of family or friends and chronic health issues, shyness etc.

There are many effects for loneliness such as feelings of sadness, emptiness, discomfort, feeling left out or isolated from others. A longing for companionship. Feeling like you're misunderstood or not heard

Q7: What is Friendship with Jesus?

We know our God. Knowing God is not enough. We need to make friendship with God. We should talk to Him, love Him, serve Him and we should make and maintain relationship with God through prayer.

Q8. Who Am I?

I am God's creation. God is our creator and He is our heavenly father. God created me in His likeness and He gave us a soul. Our soul is a spirit.

Q9. What is a Church? What is a Catholic Church?

Most people identify the word "church" with a building. The true meaning of the "church" is an assembly of people. The word "catholic" means universal. Our church is the universal church; all are welcome. The Catholic Church is also known as the Roman Catholic Church. This is the original Church, founded by Jesus Christ. Jesus entrusted His authority to His apostles. He gave a special authority to Peter, whom He called "rock". "Peter, you are rock; upon which I will build my church" I belong to Catholic Church.

Q10. What are the different colors used in the Liturgical calendar? When are they worn & What do they symbolize?

Colour	Is Used For	Symbolize
Green	Ordinary Time	Hope
Gold or White	Feasts of our Lord Jesus Christ, The blessed Virgin Mary & non Martyred Saints	Glory, Innocence of Souls
Red	Pentecost & Feast of the Apostles and Martyrs	The fire of charity & blood of Christ
Purple	Advent, Lent & Funeral masses	Humility & Penance
Pink	3rd Sunday of Advent & 4th Sunday of Laetare	Joy and Love