

29th September 2023 – CATECHISM

CHAPTER 3 - PRAYER THE HIDDEN TREASURE

- **Why is prayer included in the First Commandment?**

- Prayer is our conversation with God.

- Prayer is important and necessary for us to grow in love with God.

Prayer is the lifting up of our hearts and minds to God.

Kinds of prayers

- Vocal prayers:

Divine Office or Liturgy of the Hours

Rosary

- Mental prayers:

all that we share with God---it is individual and personal

CHAPTER 4 - SAINTS - THEY MADE THE MOST OF IT

WHAT IS CONVERSION?

Conversion is turning away from sin toward and going toward God

True happiness is found by becoming saints here and now

SAINTS VICTORIOUS

- Saints in heaven are the Church Triumphant
 - Our true destiny is becoming saints to join with the Church triumphant for eternity in heaven
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INTERCESSORS

- We can ask others on earth, those in purgatory, and those in heaven to pray for us.

- Saints in heaven are powerful intercessors before God

MAKING SAINTS

The Church canonizes many saints assuring us that they are in heaven and can serve as a model to us on living a life of holiness.

There are many saints in heaven who are unknown to us.

Who is the greatest Saint?

Mother Mary

BIBLE VERSES

Mathew 13:46

Exodus 20: 2

YOUCAT

469, 470, 475, 477, 490, 498, 499

THE FEAST OF THE ARCHANGELS

MICHAEL, GABRIEL and RAPHAEL

St Michael

- ▶ *Michael* in the Hebrew language means "Who is like God?" or "Who is equal to God?" Michael has been depicted from earliest Christian times as a commander, who holds in his right hand a spear with which he attacks Lucifer/Satan, and in his left hand a green palm branch. At the top of the spear, there is a linen ribbon with a red cross. The Archangel Michael is especially considered to be the Guardian of the Orthodox Faith and a fighter against heresies.
- ▶ **Archangel, Prince (Commander) of the Heavenly Host**

St Gabriel

- ▶ *Gabriel* in Hebrew means "God is my strength" or "Might of God". He is the herald of the mysteries of God, especially the Incarnation of God and all other mysteries related to it. He is depicted as follows: In his right hand, he holds a lantern with a lighted taper inside, and in his left hand, a mirror of green jasper. The mirror signifies the wisdom of God as a hidden mystery.
- ▶ **Archangel, Angel of Revelation, Commander of the Powers**

St Raphael

- ▶ *Raphael* is a Hebrew name which means "It is God who heals" or "God Heals". Raphael is depicted leading Tobit (who is carrying a fish caught in the Tigris) with his right hand and holding a physician's alabaster jar in his left hand.
- ▶ **Archangel, "Angel of Tobit", Angel of the Trumpet**